



# Sail TRAINING

SailTime™ is the world's leading sailing membership organisation, providing affordable sailing to both new and experienced sailors.

## RYA Training Centres

Through our Newport RYA accredited sailing school, based at RPAYC, we provide the full range of practical training courses.

These include introductory sailing days, master classes, mile builder passages, instructional cruises and RYA qualifications up to the Yacht Master Offshore Certificate of Competence.

If our scheduled courses do not meet your particular needs, then our instructors are able to develop a bespoke training programme for you. We can also put together training programs for families who want to learn to sail together.

## RYA Course Instructors

The quality of our RYA training is determined by the abilities of our instructors. All our instructors are of the highest calibre and have passed a rigorous assessment process. Importantly they combine a thorough knowledge of sailing and professionalism with making sure you enjoy your time with us and come away with new skills and increased confidence.

## Student Focus

We ensure that students have the best possible training by providing the following:

- Our pupil to instructor ratio on RYA courses is typically lower than most other sailing schools.
- We schedule our courses across weekends, weekdays and evenings to provide you with flexibility and choice.
- We ensure we have clear agreed outcomes.

Course	Description	Duration
<b>RYA Start Sailing</b>	Ideal for the Novice sailor this relaxed and enjoyable 2 days course introduces you to the world of sailing	2 separate days
<b>RYA Competent Crew</b>	The Competent Crew teaches would be sailors personal safety, seamanship and boat handling to a level that enables you to be a valuable member of the crew	5 days, 4 nights spread over 2 weekends
<b>RYA Day Skipper Practical</b>	Learn to skipper a short offshore passage with the instructor on hand to give advice and encouragement and ensure your safety. Experience being in charge, taking credit when all goes well and knowing what to do when it doesn't	5 days, 4 nights spread over 2 weekends
<b>RYA Coastal Skipper Practical &amp; Examination</b>	RYA coastal skipper course trains advanced skippering techniques for yachtsmen and women with considerable knowledge of sailing and navigation, wanting to undertake coastal passages by day and night	5 days/ 4 nights
<b>ICC</b>	International Certificate of Competency Assessment. Often required for bare boat charter	4 hours

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ASK ABOUT  
OUR SPECIAL  
RATES FOR  
RPAYC  
MEMBERS!



# International Certificate of Competence - ICC

SailTime is now able to offer the International Certificate of Competence Assessment (ICC). This certificate is often required as proof of competency for bare boat charter in Europe and North America.

## Duration

Minimum 4 Hours

## Previous Experience

This is an assessment course and assumes you have previous experience. You will need to be familiar with the ICC rules and requirements and to assist with this all students receive prior to the course a copy of the ICC assessment.

For those of you whose skills may be a bit "rusty" our fully accredited RYA instructors can assist you to come up to speed prior to your assessment

## Minimum Age

16 years.

## CEVNI Endorsement

CEVNI is the Rules of the Road and regulations which cover all the interconnected waterways throughout Europe. If you want to travel on inland waterways in Europe, you will also need to prove that you understand these rules. Having completed the CEVNI test your ICC will be endorsed to show that you have also sat the CEVNI.



year at a time and date to suit the participants either on our vessel or yours. To organise your assessment please either email or call us:

p: 1300 944 974  
training@sailtimeaustralia.com.au  
www.sailtimesailingschool.com.au

## Course Content

Assessment Of Competence (Oral/  
Written Elements) All Candidates

### REGULATIONS

1. Knows responsibility for keeping a proper lookout.
2. Can determine a 'safe speed'.
3. Can recognise a potential collision situation.
4. Can identify 'give way' vessel in a collision situation.
5. Knows what action to take as 'give way' and 'stand on' vessel.
6. Knows responsibilities of a small vessel in a narrow channel.
7. Can recognise manoeuvring signals (1,2,3 & 5 short blasts).
8. Can make and recognise visual distress signals.

Practical Elements - All Candidates

1. Start
  - Give safety briefing including use of safety equipment.
  - Has listened to weather forecasts.
  - Pre start engine checks.
  - Start engine.
  - Check cooling.
  - Knows fuel range.
2. Depart from Pontoon
  - Understands use of springs to depart from lee wall/pontoon.
  - Communicate with crew.
  - Position fenders correctly.
3. 360° Turn in Confined Space
4. Securing to Buoy
  - Communicate effectively with crew.
  - Prepare warp.
  - Choose correct angle of approach.
  - Control speed of approach.
  - Secure boat effectively.
  - Depart from the mooring safely.
5. Man Overboard
  - Observe MOB or instruct crew to do so
  - Demonstrate correct direction and speed of approach.
  - Make suitable contact with MOB.

6b. Handling Under Sail (if appropriate)

- Sail triangular course with one leg to windward.
- Choose suitable area for hoisting/lowering sails.
- Use sails suitable for prevailing conditions.
- Show awareness of wind direction.
- Trim sails correctly on each point of sailing.
- Warn crew before manoeuvres.
- Look round before tacking and gybing
- Control sails during tacking and gybing.
- 7. Coming Alongside Windward Pontoon
  - Communicate effectively with crew.
  - Show awareness of other water users
  - Prepare warps/fenders.
  - Choose correct angle of approach.
  - Control speed of approach.
  - Stop boat in place required and secure to pontoon.
  - Stop engine.

Oral/Written Elements for Candidates For  
Coastal Waters Only

### REGULATIONS

1. Knows rules relating to Traffic Separation Schemes.
2. Knows requirements for navigation lights and shapes to be displayed by own vessel.
3. Can recognise the following from the lights: Power driven, sailing vessel, vessel at anchor, tug and tow, fishing vessel, dredger.
4. Knows sound signal to be made by vessels as in Q3.

### PILOTAGE

1. Can recognise, by day and night, and understand significance of buoys of the IALA system.
2. Knows sources of information on: local regulations, port entry and departure signals, VTS and Port Operations Radio.
3. Can plan a harbour entry/departure, taking account of possible presence of large vessels and avoiding navigational hazards.